

# St. Michael's — St. Benedict — Canadian Martyrs

Cudworth

St. Benedict

Middle Lake

## Roman Catholic Parishes (2 Week Bulletin)

July 20<sup>th</sup> (16<sup>th</sup> Sunday in Ordinary time) – August 3<sup>rd</sup> (18<sup>th</sup> Sunday in Ordinary time)

**Fr. Benjamin Ezekwudo, Pastor**– Email: [bezekwudo@rcdos.ca](mailto:bezekwudo@rcdos.ca) Mobile: (306) 270-8592  
**Office/Rectory:** St. Michael's Parish: 503 Main Street, Box 239 – Cudworth, SK S0K 1B0 **Phone:** (306) 256-3218  
**Fax:** (306) 256-7000 **Email and e-Transfer:** [smcudworth@rcdos.ca](mailto:smcudworth@rcdos.ca) **Website** <https://www.saintsnorth.ca>  
**Office Hours:** Tue/Fri: 9 –12noon (closed during Mass times); Thursday: 9AM–4PM **Administration:** Fr. Benjamin Ezekwudo, Teresa Richardson, and Chara Sargeant (Bulletin)

### Sunday Mass times June:

Saturday 5<sup>PM</sup> St. Benedict  
 Sunday 9<sup>AM</sup> Canadian Martyrs  
 Sunday 11<sup>AM</sup> St. Michael's

### Weekday Mass times (year round):

Tuesday 6:30<sup>PM</sup> Haven  
 Wednesday 10:30<sup>AM</sup> Nursing Home  
 Wednesday 1:30<sup>PM</sup> Bethany  
 Friday 9<sup>AM</sup> St. Michael's

**Low-gluten communion hosts are available. Please see Fr. before Mass.**

### Sacrament of Reconciliation:

Sat: 11<sup>AM</sup> - 12<sup>PM</sup> (noon) – St. Michael's  
 Sat: 4:30<sup>PM</sup> - 4:55<sup>PM</sup>– St. Benedict (only when Mass falls on Saturday)  
 By appointment: Contact Fr. Benjamin directly on his mobile

### Eucharistic Adoration:

**St. Michael's:** Every Friday from Mass: 8<sup>AM</sup> to 9<sup>AM</sup> (Except for 1<sup>st</sup> Friday of the month, when it is after Mass: 9:30<sup>AM</sup> to 12<sup>PM</sup>)

**St. Michael's Haven:** Every first Tuesday of the month, 5:30<sup>PM</sup> to 6:30<sup>PM</sup>

**Marriage Prep:** Please contact Fr. Benjamin at least one year prior to the desired date of marriage.

**Mass Intentions:** Please contact Fr. Benjamin directly. Suggested donation: \$10.00  
 Fr. Benjamin is available on his mobile at any time outside Mass times for EMERGENCIES and to administer the sacrament of the **Anointing of the Sick.**

To request Communion to the Sick, Baptism, or Funeral, please call Fr. Benjamin at the office, or directly on his mobile.

**Reminder:** You can request the sacraments when you are in ANY hospital.

St. Michael's Sunday Masses can be followed at 91.3FM

### **ALL MASS INTENTIONS July 19<sup>th</sup> –August 3<sup>rd</sup>**

#### **July 19<sup>th</sup> - Saturday 5<sup>PM</sup>**

St. Benedict: Alphonse Schlosser+/ Scott & Leah Palchinski

#### **July 20<sup>th</sup> - Sunday 9<sup>AM</sup>**

Canadian Martyrs: Henry Kohle+/ Tamara Giesbreant

#### **July 20<sup>th</sup> – Sunday 11<sup>AM</sup>**

St. Michael's: Gerald Saxinger+/ Eugene & Grace Jungwirth

#### **July 22<sup>nd</sup> –Tues. 6:30<sup>PM</sup>**

St. Michael's Haven: Doloris Weisensel+/ Mary Weisensel & Family

#### **July 23<sup>rd</sup> -Wed. 10:30<sup>AM</sup>**

Cudworth Nursing Home: Peyton Chelack/CWL

#### **July 23<sup>rd</sup> –Wed. 1:30<sup>PM</sup>**

Bethany: Gerald Saaxinger+/ Ivan & Teresa Richardson

#### **July 25<sup>th</sup> -Friday 9<sup>AM</sup>**

St. Michael's: Henry Brockman+/ Danny Kirzinger

#### **July 26<sup>th</sup> - Saturday 5<sup>PM</sup>**

St. Benedict: Joycelyn Diederichs+/ Jeff Diederichs

#### **July 27<sup>th</sup> - Sunday 9<sup>AM</sup>**

Canadian Martyrs: Gary Schmidt+/ Celestine Hendriks



#### **July 27<sup>th</sup> – Sunday 11<sup>AM</sup>**

St. Michael's: Sister Carolinda Medernach+/ Vince & Tammy Dierker

#### **July 29<sup>th</sup> – Fr. Benjamin is away**

#### **July 30<sup>th</sup> -Wed. 10:30<sup>AM</sup>**

Cudworth Nursing Home:

Hailey Hadland/ CWL

#### **July 30<sup>th</sup> –Wed. 1:30<sup>PM</sup>**

Bethany: Alphonse Schlosser+/ Vic & Edna Pauluatz

#### **August 1<sup>st</sup> -Friday 9<sup>AM</sup>**

St. Michael's: Charles MacPherson/ Elaine Kurtenbach

#### **Aug. 2<sup>nd</sup> – First Saturday 9<sup>AM</sup> - Rosary**

#### **9:30<sup>AM</sup> - Mass**

St. Michael's: In reparation for the offenses and blasphemies against the Immaculate Heart of Mary

#### **Aug. 2<sup>nd</sup> - Saturday 5<sup>PM</sup>**

Canadian Martyrs: Donna Jungwirth+/ Bob Reaser

#### **Aug. 3<sup>rd</sup> - Sunday 9<sup>AM</sup>**

St. Benedict: Dona Lee Schmidt+/ Lyle Kleiter

#### **Aug. 3<sup>rd</sup> – Sunday 11<sup>AM</sup>**

St. Michael's: Lucille Reding+/ Harley & Lori Schlosser

**Want to deepen your relationship with God in a way that will slowly transform your day to day**

**life? Join us for a coffee social with guest speaker Danielle Gaudet, CCO missionary, right after the 11<sup>AM</sup> Mass on July 27<sup>th</sup>**



**ST. MICHAEL'S** -503 Main Street,  
Cudworth, SK. S0K 1B0  
Mass Time – July: Sunday 11<sup>AM</sup>

*Together we listen, receive, believe,  
and serve from the heart of Jesus*

**Parish Council:** Fr. Benjamin Ezekwudo **2<sup>nd</sup>**. **Term:** Grace Jungwirth (Chair), Glen Lingel (Vice Chair), Teresa Richardson (Secretary), Vince Dierker (K of C Representative), Stuart Kolla (Maintenance), Kyle Slobodian **1<sup>st</sup>**. **Term:** Don Kolla, Catherine Mazurkewich, Audrey van der Gracht, Ida Rose Wilde

**Finance Committee:** Catherine Mazurkewich (Chair), Derreck Kolla, Michael Wilde, Lee Hauber

**Cemetery Committee:** Don Kolla (Chair), Ida-Rose Wilde, James Hauber, Raymond Jungwirth– For all cemetery related information: Teresa Richardson **Parish Covenant of Care Coordinator:** Grace Jungwirth

## Knights of Columbus & Parish Council

– Summer Break

CWL – Next meeting:  
Tuesday, September 16<sup>th</sup> @ 7:15



## Prayer for the Fifth World Day for Grandparents and the Elderly

*'Blessed are those who have not lost  
hope' (Sir 14:2)*



How beautiful are these words of yours,  
Lord!

Help us to continue our pilgrimage  
through time, animated by the hope that  
comes from You!

Help us in this divisive world, to bring the  
hope of communion.

Help us in this world, wounded by wars, to  
bring the hope of peace.

Help us in this world, which is  
dehumanizing, to bring the beauty of an  
ancient smile.

Help us to be, for our grandchildren, for  
our loved ones and for everyone we meet,  
the memory of your tenderness.

Help us to bring, in a world distracted  
from You, the Hope of a new life that only  
You can give!

For in You, Lord, nothing is lost For in  
You, Lord, everything begins again! Amen



**St. Michael's Parish**  
**"Pilgrims of Hope"** is this

Monday July 21<sup>st</sup> – Wednesday July 23<sup>rd</sup>

(1 – 4<sup>PM</sup> each day)

Thanks to everyone who registered their  
children and/or grandchildren for this  
wonderful event. God Bless!



## Sunday Mass Ministries

### 11<sup>AM</sup> – Sunday, July 20<sup>th</sup>

**Welcomers:** Garry & Catherine

**Rosary:** Glen **Ushers:** Danny, Darrel

**Servers:** Brianna, Nora

**Readers:** 1<sup>st</sup> – Don, 2<sup>nd</sup> – Bernadette, **POF**– Kathleen

**Offerings:** Edward & Leonard

**Eucharistic Minister:** Heide, Barbara, Danny

**Counters:** Garry, Catherine, Heide

### 11<sup>AM</sup> – Sunday, July 27<sup>th</sup>

**Welcomers:** John & Audrey

**Rosary:** Phil **Ushers:** Garry, Edward, Leonard

**Servers:** Brianna

**Readers:** 1<sup>st</sup> – Heide, 2<sup>nd</sup> – Barbara

**Prayers of the Faithful** – Morris

**Offerings:** John & Audrey

**Eucharistic Minister:** Morris, Roger, Heide

**Counters:** Dennis, Sylvia

### 11<sup>AM</sup> – Sunday, August 3<sup>rd</sup>

**Rosary:** Glen **Ushers:** James, Clarence

**Servers:** Cael, Gage, Brooke

**Readers:** 1<sup>st</sup> – Teresa, 2<sup>nd</sup> – John K.,

**Prayers of the Faithful**– Catherine

**Offerings:** James & Kim

**Eucharistic Minister:** Clarence, Barbara, Danny

**Counters:** Danny, Ann, Elaine

### 11<sup>AM</sup> – Sunday, August 10<sup>th</sup>

**Rosary:** Phil **Ushers:** Danny, Darrel

**Servers:** Camryn, Brady

**Readers:** 1<sup>st</sup> – James, 2<sup>nd</sup> – Lee, **POF**– Kim

**Offerings:** Bernadette & Tammy

**Eucharistic Minister:** Heide, Morris, Roger

**Counters:** Garry, Catherine, Heide

### 11<sup>AM</sup> – Sunday, August 17<sup>th</sup>

**Welcomers:** John & Audrey

**Rosary:** Glen **Ushers:** Garry, Edward, Leonard

**Servers:** Brianna

**Readers:** 1<sup>st</sup> – Garry, 2<sup>nd</sup> – Don

**Prayers of the Faithful** – Kathleen

**Offerings:** Edward & Leonard

**Eucharistic Minister:** Clarence, Barbara, Danny

**Counters:** Dennis, Sylvia

## Prairie Pilgrimages and Shrine Sites

**Mount Carmel Pilgrimage** – Sunday July 20<sup>th</sup> located about 5.2 km north of Carmel, SK.

10<sup>AM</sup>, an Hour with Mary (Hymns, Rosary, Sacrament of Reconciliation). 10:45<sup>AM</sup>, An Hour with Gods Family (Sunday Eucharist with Bishop Mark, Blessing of the fields, Blessing of the Sick). 12<sup>PM</sup>(noon) An Hour with Our Diocesan Family(Lunch ~ concessions available, quiet time). 1:30<sup>PM</sup>, An Hour With the Lord (Stations of the Cross, Adoration, Blessing with the Blessed Sacrament)

**Jesus Youth Saskatchewan Pilgrimage ~** Sunday, Aug. 3 at Our Lady of Lourdes Shrine at St. Laurent (near Duck Lake), a designated pilgrimage site for the Jubilee Year of Hope. Gather at 2<sup>PM</sup> Aug. 3; adoration and confessions 3<sup>PM</sup> at Grotto; Mass at 4<sup>PM</sup>, followed by a potluck meal. RSVP to: [contact.sk@jesusyouth.ca](mailto:contact.sk@jesusyouth.ca) or online at: <https://forms.gle/4aMRdmqc1Kqj5qWV6>.

**St. Laurent Pilgrimage** – August 15<sup>th</sup>/September 8<sup>th</sup> located 12 km directly east of Duck Lake [www.saintlaurentshrine.com](http://www.saintlaurentshrine.com)

**Saint Philomena Walking Pilgrimage to Rama** – August 11<sup>th</sup> – 14<sup>th</sup> [www.stphilomena.ca](http://www.stphilomena.ca), or contact [dave@stphilomena.ca](mailto:dave@stphilomena.ca) or 306-728-5525.

**80th Annual Rama Pilgrimage** – August 14<sup>th</sup> & 15<sup>th</sup> Shrine of Our Lady of Lourdes is located at St. Anthony Church, 104-1st Street North, Rama, SK.

**Pilgrimage to Millennium Pro-Life Cross** – September 14<sup>th</sup> The Millennium Pro-Life Cross is located 10.8 km northeast of Aberdeen, SK. [Pro-Life Millennium Cross | Annual Pilgrimage](#)

## *Jubilee Year : Walking Pilgrimage to The Shrine of Our Lady of Mount Carmel August 17<sup>th</sup> 2025*

Walking from St. Augustine Parish or St. Bruno Parish to Mount Carmel Shrine. Join us on a pilgrimage to one of the designated holy sites for this Jubilee Year. Let's take advantage of these Jubilee graces and the Jubilee indulgence!

### **Three Starting Points to choose from for the walk:**

**St. Augustine Parish, Humboldt:** 9<sup>AM</sup> departure time with rest stops (23kms)

**St. Bruno Parish:** 11:30<sup>AM</sup> departure time with rest stops (12kms)

**Gaudet Farm:** 3:30<sup>PM</sup> departure time (1km from Mt. Carmel ~ contact Kateri @ 306-281-2013 for details)

\*Please make arrangements with other participants for a ride to the walk start point. If you need a ride or need help making arrangements, please call St. Augustine parish at 306-682-2106\*

\*If you're unable to walk, you may drive to the site and take part in the events\*

**Confessions:** 4<sup>PM</sup>

**Mass:** 5<sup>PM</sup>

**Sacrament of the Sick:** Immediately following the Mass

**Praise & Worship and testimonials:** 7<sup>PM</sup>

Event concludes at 8<sup>PM</sup>

Bring your own picnic supper and a lawn chair or blanket

For more information, contact St. Augustine Parish at 306-682-2106 or [staugustine@sasktel.net](mailto:staugustine@sasktel.net)







## ST. BENEDICT

10 1<sup>st</sup> Street South (Church Avenue)  
St. Benedict, SK S0K 3T0

**Mass Times:**

**July: Saturday 5<sup>PM</sup>**

**August: Sunday 9<sup>AM</sup>**

### Reconciling All Things In Christ

All are welcome to two evenings of worship, prayer and learning for the sake of unity and reconciliation on **Aug. 8-9, 2025** in Saskatoon. The two evenings of prayer, reflection, and fellowship will be held at Knox United Church on Spadina Cres. E. in Saskatoon beginning at 7<sup>PM</sup> Friday, Aug. 8, including keynote speaker Dr. Gordon T. Smith; and beginning at 6:30 <sup>PM</sup> Saturday, Aug. 9, including keynote speaker Vesper Stamper. There will be an opportunity to make a free will offering.

We are excited to gather and to see you!  
If you have any questions or feedback, contact: [bpjakobpalm@gmail.com](mailto:bpjakobpalm@gmail.com) or 306-261-2808 or visit: [www.holycovenantchurch.net](http://www.holycovenantchurch.net).



### Sunday/Saturday Mass Ministries

**5<sup>PM</sup> – Saturday July 19<sup>th</sup>**

Ushers: Laverne      Sacristan: Laverne  
Cross Bearer: Colleen   Servers: Draude's  
Readings & Prayers of the Faithful: LeeAnn

**5<sup>PM</sup> – Saturday July 26<sup>th</sup>**

Ushers: Reg      Sacristan: Reg  
Cross Bearer: Reg  
Readings & Prayers of the Faithful: VeraLucia

**9<sup>AM</sup> – Sunday August 3<sup>rd</sup>**

Ushers: Laverne      Sacristan: Laverne  
Cross Bearer: Colleen   Servers: Draude's  
Readings & Prayers of the Faithful: Tim

**9<sup>AM</sup> – Sunday August 10<sup>th</sup>**

Ushers: Reg      Sacristan: Reg  
Cross Bearer: Reg  
Readings & Prayers of the Faithful: LeeAnn



## CANADIAN MARTYR'S

1<sup>st</sup> Street North  
Middle Lake, SK S0K 2X0

**Mass Times:**

**July: Sunday 9<sup>AM</sup>**

**August: Saturday 5<sup>PM</sup>**

### READERS / COLLECTION:

Sun. July 20<sup>th</sup> @ 9<sup>AM</sup>      Marj & Janice  
Sun. July 27<sup>th</sup> @ 9<sup>AM</sup>      Tim & Janine  
Sat. Aug. 2<sup>nd</sup> @ 5<sup>PM</sup>      Andrea & Gloria  
Sat. Aug. 9<sup>th</sup> @ 5<sup>PM</sup>      Marj & Janice

### CHURCH MAINTENANCE:

Sun July 20<sup>th</sup>      Kenny & Hap  
Sun July 27<sup>th</sup>      Tim & Allen  
Sun August 3<sup>rd</sup>      Matthew & Ken P  
Sun August 10<sup>th</sup>      Dorian & R. Baker  
Sun August 17<sup>th</sup>      Chris & Debbie

### CHURCH CLEANERS:

**July:** Janice Martin &  
Michelle Brockman  
**August:** Adel Zimmer &  
Diane Jenkins

Please maintain any flowers, solar lights, and anything else placed in the cemetery at a grave site. Please try to place objects in a way as not to impede the cemetery grass mowing and maintenance for the volunteers looking after the cemetery. It can add a lot of time and effort on the volunteer's part if items left at grave sites are left to deteriorate. Thank you, God Bless!

### ProLife Alert - Prayer & Action needed!

(LifeSiteNews)- In Canada, we kill the disabled. Over 90% of babies diagnosed with Down syndrome in the womb are aborted; pre-born children diagnosed with other disabilities usually meet the same fate.

With the expansion of euthanasia eligibility to those suffering solely from disability or mental illness scheduled to come into effect in 2027, that is slated to change. Disability groups have been nearly unanimous in their condemnation of this plan, which has been delayed twice by the Liberal government due to pushback from across Canadian society – but not cancelled entirely. Canadians with physical disabilities have been attempting to get the government's attention for years, with stories of those who seeking euthanasia because they cannot get the support or care they need periodically dominating international headlines.

The road to hell is paved with good intentions, and this is exactly what the Assisted Dying Bill opens the door to. It starts with "choice" and "dignity." But suicide isn't only done "when the patient wants it." And the countries where it is already legalized have shown us the grim reality. In the Netherlands, 40% of euthanasia deaths occur without patient consent. In Canada, it has been offered to Paralympians who only asked for a mobility aid. If it can happen there, it will happen here. People will be killed against their will!

**Please pray, sign petitions, and contact your MLA!**



## 16<sup>th</sup> Sunday: Finding God (Adoration)

*“One of the greatest attacks of the enemy is to make you busy, to make you hurried, to make you noisy, to make you distracted, to fill the people of God and the Church of God with so much noise and activity that there is no room for prayer. There is no room for being alone with God. There is no room for silence. There is no room for meditation.”* Paul Washer

For many people prayer consists of saying prayers rather than praying. In a sense, prayer begins where expression ends. The words that reach our lips are often but waves on the surface of our being.

The most beneficial prayer of all is just to be in the presence of God, without saying or doing anything. Just to sit in his presence, as Mary sat in the presence of Jesus (*attested to by Mystics, Spiritual Fathers etc*). But to some this might seem a waste of time when there are so many things to do.

At a superficial glance, it might seem that Mary's part was the easier -all she had to do was sit there - and Martha's part the harder. But on reflection, we can see that at least sometimes Mary's part is by far the harder of the two. It is not easy to set aside one's own work and give one's undivided attention to another person. To give that kind of wholehearted attention to God is not easy. But it is tremendously fruitful spiritually (c.f. Luke 10:41-42).

In today's world, to be in the presence of God, without saying or doing anything, is no easy thing. Because as soon as we stop, we feel empty, even useless. Most people get their sense of self-worth from doing. A lot of people tend to equate love of God with social action. They don't know how to cope with solitude and stillness.

We need to spend time in prayer and reflection, if only to sit quietly in the presence of God (Adoration). This is not time wasted but time well spent. Each week (*Friday 8am – 9am*) we should try, if only for a short while, to listen to God like Mary (Luke 10:39)

We need concentrated, dedicated prayer, prayer that is like a hunger that must be satisfied and for which there was no substitute. That kind of prayer always transforms and fortifies us.

In the gospel of today, Mary taught us the essence of **silent prayer** or adoration - which is communicating with God; expressing our thoughts and feelings without vocalizing them. It is a form of prayer where the words are spoken internally, in the mind, rather than aloud.

Silent prayer is conversing with God without using audible words, focusing instead on internal dialogue and personal reflection. This type of prayer allows for a deep, intimate connection with God, emphasizing the thoughts and emotions directed towards him in quietness.

Silent prayer is slightly different from **Meditation** - while both involve silence, silent prayer in a religious context is distinct from meditation, which may focus on emptying the mind or connecting with an inner spirit (the spirit of God in you), whereas silent prayer is a form of communication with God.

Meditative prayer is a form of prayer that involves quiet reflection and contemplation, often guided by *scripture* or other *sacred texts*, to deepen one's connection with God. It is a practice of listening as much as speaking, allowing God's word and presence to speak to the individual. This can involve focusing on a sacred word, reflecting on scripture passages, or meditating on the mysteries of the Rosary. Meditative prayer requires a quiet and undistracted space where one can focus on God's presence and word. Meditative prayer emphasizes the importance of being open to God's voice and guidance, rather than solely focusing on one's own words or petitions.

**Prayer:**

**Thank you, Jesus**

**Thank you, Lord**

Fr. Benjamin Ezekwudo

## 17<sup>th</sup> Sunday: Conversing with God

*“Although there is no solution that is easy, and there is no one formula that will work for everyone with a heartache or a concern, there is One who cares very much about your situation, and He knows what you should do. That is our Father in Heaven.”* Margaret D. Nadauld

Prayer is essentially conversation with Almighty God, our heavenly Father. Conversation means both speaking and listening, and in prayer the latter is not less important than the former. God wants us not only to speak to him, to pour out our hearts in homage, praise and love but also to listen to him in return.

The Lord's Prayer is the quintessential prayer of the Church. It is an integral part of the major hours of the Divine Office and of the sacraments of Christian initiation: Baptism, Confirmation, and Eucharist. Integrated into the Eucharist, it reveals the eschatological character of its petitions, hoping for the Lord, "until he comes" (CCC: 2776).

“...the Lord's Prayer signifies new birth into the divine life. Since Christian prayer is our speaking to God with the very word of God, those who are "born anew through the living and abiding word of God" learn to invoke their Father by the one Word he always hears. They can henceforth do so, for the seal of the Holy Spirit's anointing is indelibly placed on their hearts, ears, lips, indeed their whole filial being.” (CCC: 2769)

In this special prayer, Jesus taught us what to pray for and how to pray for it. In saying this prayer, we acknowledge God's existence. That is, we profess our belief in him and also praise his name.

Further, we enthrone God on earth when we pray for the coming of his kingdom - a kingdom of truth and life, holiness and grace, justice, love, and peace. In it, we pray that his will may be done on earth and in our lives too. God's will may not always be the easiest thing to do, but it is always the best thing.

While saying ‘Our Father’, we only ask for our basic needs - our daily bread. ‘Bread’ stands for all our basic needs. This is totally contrary to the flow in the society today, which is very materialistic; enslaving many as well as ruining their lives.

Next step, we move from material to the spiritual. We pray for forgiveness for our own sins, and for the grace to be able to forgive those who sin against us. As

children of God, we are urged to be perfect as our heavenly Father is perfect (Matthew 5:48).

In an effort to be without stain of sin, we ask God keep us away from temptation. God does not put temptation in our path but life does. And we ourselves sometimes walk into temptation of our own accord. We are asking God to help us to cope with the temptations that come to us unbidden, and to avoid those of our own choosing.

Finally, we seek God's help in conquering the master sin – Satan. We can't expect never to encounter evil. What we are asking God for is the grace to be victorious over all evil.

**Prayer:**

**Thank you, Jesus**

**Thank you, Lord**

Fr. Benjamin Ezekwudo